

Breaking Free

Fireproof Your Marriage ~ Part 4
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Rev. Dean Oliver

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FIREPROOF.... "Capable of withstanding or _____ damage by fire."

~ 1 Corinthians 10:13 ~

Q: Breaking Free from what?

A: From the bondage we may be in to things that are harmful to us as individuals and that are _____ the _____ out of our relationships. " _____ "

Fireproof Movie Quote....

"Watch out for parasites. A parasite is anything that latches onto you or your partner and sucks the life out of your marriage. They're normally in the form of addictions like gambling, drugs or pornography. They promise pleasure but grow like a disease and consume more and more of your thoughts, time and money. They steal away your loyalty and your heart from those you love."

"No temptation has seized you except what is common to man. And God is faithful; He will not let you be tempted beyond what you can bear. But when you are tempted, He will also provide a way out so that you can stand up under it." -- 1 Cor. 10:13

One of our biggest problems is choosing to give in to _____!

Three Facts About Temptation

1. Every Temptation You Face Has Been _____ By _____.

2. You Have Never Been Tempted By Something You Did Not Have the _____ to _____.

3. God Provides a _____ of Every Temptation.

3 Kinds of Temptation

~ 1 John 2:15-17

1. The Cravings of Our _____. (Luke 4:1-4)
"Materialism & Sensualism"

2. The Lust of Our _____. (Luke 4:5-8)

3. The _____ of Our Hearts. (Luke 4:9-13)

The Process of "Giving In"

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| 1. I SAW the yogurt shop. | 7. I WENT INTO the yogurt shop. |
| 2. I THOUGHT about the yogurt shop. | 8. I ORDERED a yogurt. |
| 3. I thought about ORDERING a yogurt. | 9. I TOOK the yogurt from the clerk. |
| 4. I IMAGINE myself eating the yogurt. | 10. I DIPPED my SPOON into the yogurt. |
| 5. I ENJOY / THOUGHT of eating yogurt. | 11. I put the yogurt INTO MY MOUTH. |
| 6. I DECIDE to go get a yogurt. | 12. I SWALLOWED the yogurt. |

The key to keeping the parasites away from us, is to first get control of our _____, then control of our _____.

How to Break Free from Temptations

1. _____ That the Lord Will Keep You From Temptation.
(Matt. 5:13)

2. Make a _____ With Yourself. (Job 31:1)

3. Look For a _____ (1 Cor. 10:13)

4. Divert Your _____. (2 Cor. 10:5, Phil. 4:8, Rom. 8:6)

5. _____. (2 Tim. 2:22)

6. Evaluate When You _____. (Rom.7, 1 John 1:10)

7. Ask forgiveness, resolve to do better, _____
_____. (1 John 1:9, Lam. 3:23)